

## Paediatric basic life support

Please tick the box according to the action you would carry out.

1) You notice a child collapsed on the floor what do you do?

Check for danger and then run and help

Run and help

2) You go over, do you:

See if they are responsive

Start compressions straight away

3) They are unresponsive, what do you do next?

Start CPR

Shout for help and get someone to dial 999

4) Help is on the way what do you do next?

Open airway and assess breathing

Start compressions

5) The child is not breathing normally, what do you do?

Put in the recovery position

Start rescue breaths

6) How many rescue breaths do you do?

3

5

2

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7) What do you do after the rescue breaths?

Assess for signs of life

Start compressions

8) The child is showing no signs of life, what do you do now?

Start compressions

Do another set of rescue breaths

9) What ratio of chest compressions to breaths do you do for children?

30:2

15:2

**Well done – the ambulance has now arrived**

**Reference:**

Resuscitation Council (UK)

**Guidelines available**

Adult basic life support and automated external defibrillation (2015)

Paediatric basic life support (2015)

Accessed: 30<sup>th</sup> September 2019 <https://www.resus.org.uk/>

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