

# Student Nurse Prison Placements Guide



drawn by  
@GraphicChange

## **Student Preparation of Prison Placements:**

Dear Learner,

You have been allocated a student nurse placement in HMP Pentonville. This brief guide is to help you start your preparation for this placement.

### **Information about the prison:**

Pentonville is a Category B/C **men's** prison, operated by Her Majesty's Prison Service. Pentonville Prison is on the Caledonian Road, North London.

### **Categories:**

- B** Those who do not require maximum security, but for whom escape would still pose a large risk to members of the community.
- C** Those who cannot be trusted in open conditions but who are unlikely to try to escape

### **Address:**

HMP Pentonville, Caledonian Road, London, N7 8TT

Tel: 020 7609 3860

Pentonville main switchboard tel: 0207 023 7000

### **How to get there:**

**Bus:** There are bus stops on both sides of the road outside Pentonville. Routes 17, 91, 259 and 274 all stop here.

**Train:** If you are coming to London by train, Kings Cross is the nearest main line station. You can then catch the northbound tube on the Piccadilly line to Caledonian Road. Caledonian and Barnsbury Overground Station is on the Richmond and Stratford line. When you leave the station, turn right and Pentonville is about 5 minutes walk on the same side of the road.

**Car:** Parking at the prison is good, with 3 car parks.

### **“No Health without Justice, No Justice without Health”**

In 2001 the Department of Health introduced the principle of “equivalence”. The principle of equivalence means that prisoners should receive the same quality of care for their health as they would receive outside prison. It does not mean that health care will be identical to that outside, but that services will aim to achieve the same quality of care as the prisoner receives elsewhere.

The delivery need for high quality healthcare for the prison populations has been recognised in the literature, most recently in “Prison Health: Health and Justice” (2015). The statistics for prisoners’ well-being at the point of entering prison are poor. Many in the prison population have multiple health needs, including poor physical health, poor mental health (HMIP, 2007, DoH-Bradley Report, 2013), and substance misuse issues (Faizel et al, 2000). This cohort is also at greater risk of sexually transmitted diseases, including HIV (The Lancet Psychiatry, 2016), being the victims of domestic violence, and more likely to present with a history of experiencing or witnessing traumatic events (Ardino, 2012). The nature of the physical environment of prison also presents the need to monitor for, treat, and effectively contain communicable diseases (Health Protection Agency and Department of Health - Offender Health, 2011).

The prison population as a whole is aging (DoH, 2015). Pentonville, along with other prisons, has a larger number of older age prisoners with more physical health concerns than previously experienced. These, as with all the health needs of this group, need to be managed within the prison setting primarily.

In order to broaden the learning opportunities for our students, Pentonville and other community based learning opportunities have been developed. The feedback from both mentors and students for the Pentonville placements has been very positive:

### **Advanced Planning for Your Placement:**

Due to the extra security clearances needed to visit or undertake the placement in the prison, you will need to have a DBS dated within the year. This can take several weeks, and therefore advanced planning is needed.

To ensure that this placement is right for you, Clara Longley and Pam Hodge will facilitate a visit prior to the placement commencing. Whilst there you will also need to meet with the security team to have your DBS/ paperwork checked.

### **Types of Placement:**

Pentonville offers 2 types of placements for students; primary care and mental health. Your placement will be field specific. Much of the information provided here is relevant to both placements. Prisoners, as with others, will need holistic care.

**Primary Care Clinical Lead details:** Fiona Osborne- [Fiona.Osborne@careuk.com](mailto:Fiona.Osborne@careuk.com)

**Mental Health Mentor details:** Karen Telfer - [Karen.Telfer@nhs.net](mailto:Karen.Telfer@nhs.net)

Prison placements are particularly suited to supporting the development of nursing students due to the wide range of learning opportunities and types of patient contact that take place in this environment.

Due to the wealth of knowledge, experience and clinical expertise prison nurses attain from evidence based education they are highly qualified and best placed to offer the student nurse, a diversity of learning opportunities. This can help the student nurse understand the complex needs of the patients and the need for seamless interpersonal care.

### **Some examples of learning opportunities from Primary Care and the Mental Health Team:**

- Physical assessment activities –Daily. Including manual blood pressure monitoring, Respiratory assessments –peak flow / spirometry, Body Mass Index (BMI), ECGs, Blood glucose monitoring, Urinalysis
- G.P Clinics (Daily)
- **Wellman clinics**
- Wound management
- Medications

- Diabetes management
- Liaison with community resources, including at the point of release.
- Smoking cessation
- Sexual health assessment/clinics- weekly
- Working with older people
- Working with people with complex needs
- Long-term conditions clinics
- Working with people with learning difficulties- LD pathway
- Working with people who have mental ill health-including assessment and treatment
- Mental Health Act Assessment applications
- Referral (PICU)
- Primary care service
- Dual diagnosis- alcohol/ substance misuse
- Management opportunities
- Palliative care
- **Rapid Response – Emergency Service**
- **Health promotion opportunities**

\*\*\*Remember many prisoners will be released and need ongoing support\*\*\*

### **Additional information**

#### Sickness and Absence

If you are absent for any reason it is your responsibility to inform both the university and your placement as soon as you know you are not able to attend. Please refer to the university's procedure for reporting sickness and absence.

#### Uniform/Dress Code

It is a requirement for all staff and students to present a professional image. Please check with your placement if you are required to wear your uniform.

#### Confidentiality

Confidentiality must be maintained at all times as per the Nursing and Midwifery Council (NMC, 2015) conduct and must not discuss patients/clients outside the practice area.

## **Link Lecturer**

Your link lecturer for this placement is Pam Hodge. You can contact Pam about any issues related to your placement.

E-mail: **P.Hodge@mdx.ac.uk**

Address: Pam Hodge, Room TG48, The Town Hall, School of Health and Education, Middlesex University, The Burroughs, London, NW4 4BT

Or email; **[Pblu@mdx.ac.uk](mailto:Pblu@mdx.ac.uk)** (Practice-based learning unit)

## **Useful Resources / Clinical Guidance**

- Asthma UK - <http://www.asthma.org.uk/>
- British Association for Sexual Health and HIV (BASHH) - <http://www.bashh.org/>
- British Thoracic Society - <https://www.brit-thoracic.org.uk/guidelines-and-quality-standards/>
- <http://www.mac-uk.org/wp-content/uploads/2013/03/Dept-of-Health-Bradley-Report-Exec-Summary.pdf> Important consideration of MH in prison
- Diabetes UK - <https://www.diabetes.org.uk/>
- Nursing and Midwifery Council (NMC) - <http://www.nmc.org.uk/standards/guidance/>
- National Institute for Health and Care Excellence (NICE) - <https://www.nice.org.uk/guidance>
- NICE guidance for physical health care of people in prison- <https://www.nice.org.uk/guidance/ng57>
- Public Health England - <https://www.gov.uk/government/publications/prison-health-health-and-justice-annual-report>
- National Service Frameworks-including mental health and longer term conditions  
[http://www.dbh.nhs.uk/about\\_us/board\\_of\\_directors/whos\\_who/Transformation/strategic\\_service\\_development/national\\_service\\_frameworks/default.aspx](http://www.dbh.nhs.uk/about_us/board_of_directors/whos_who/Transformation/strategic_service_development/national_service_frameworks/default.aspx)
- International Journal of Prisoner Health - <http://www.emeraldinsight.com/doi/abs/10.1080/17449200601069676>

- Royal College of Nursing- Health and Nursing Care in the Criminal Justice Service  
[https://www2.rcn.org.uk/\\_data/assets/pdf\\_file/0010/248725/003307.pdf](https://www2.rcn.org.uk/_data/assets/pdf_file/0010/248725/003307.pdf)
- Royal College of Nursing - Prison Health : Vision and Reality (2010)-  
<https://www.rcn.org.uk/professional-development/publications/pub-003832>
- Smoking – GOV.UK - <https://www.gov.uk/government/policies/smoking>
- Her Majesty's Inspectorate of Prisons 2007-  
<https://www.justiceinspectors.gov.uk/hmiprison/inspections/the-mental-health-of-prisoners-a-thematic-review-of-the-care-and-support-of-prisoners-with-mental-health-needs/>
- The Lancet Psychiatry (2016) HIV and related infections in prisoners.  
<http://www.thelancet.com/series/aids-2016>
- <https://pathways.nice.org.uk/pathways/health-of-people-in-the-criminal-justice-system/health-of-people-in-the-criminal-justice-system-overview.pdf>
- Health Protection Agency and Department of Health - Offender Health (2011) Prevention of infection and communicable disease control in prisons and places of detention: A manual for health care workers and other staff.  
[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/329792/Prevention\\_of\\_infection\\_communicable\\_disease\\_control\\_in\\_prisons\\_and\\_places\\_of\\_detention.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/329792/Prevention_of_infection_communicable_disease_control_in_prisons_and_places_of_detention.pdf)

### **Further literature which may interest you:**

Ardino, V. (2012) Offending behaviour: the role of trauma and PTSD. Eur J Psychotraumatol. 2012; 3: 10.3402/ejpt.v3i0.18968.

Blacka, D., Guntera, T., Allena, J., Bluma, N., Arndta, S, Wenmana, G., and Sielenia, B. (2007) Borderline personality disorder in male and female offenders newly committed to prison. Comprehensive Psychiatry 48 (2007) 400–40

Condon, L., Hek, G., and Harris, F. (2007) A review of prison health and it's implications for primary care nursing in England and Wales: the research evidence. Journal of Clinical Nursing. Vol 16, (7), July 2007, pp 1201-1209

de Viggiani, N, (2007) Unhealthy prisons: exploring structural determinants of prison health. Sociology of Health & Illness Vol. 29 No. 1 2007 ISSN 0141–9889, pp. 115–135

Fazel, S. and Danesh, J. (2002) Serious mental disorders in 23000 prisoners: a systematic review of 62 surveys. THE LANCET • Vol 359 • February 16, 2002

Fazel, S., Bains, P., and Doll, H. (2000) Substance abuse and dependence in prisoners: a systematic review. Society for the Study of Addiction *Addiction*, 101, pp.181–191.

Fraser, A. Gatherer, B., and Hayton, P. Mental health in prisons: great difficulties but are there opportunities? *Public Health* 123 (2009) 410–414.

Whitehead, D., (2006) The health promoting prison (HPP) and its imperative for nursing. *International Journal of Nursing Studies* 43 (2006) 123–131

Young, S., Adamou, M., Bolea, B, Gudjonsson, G., Ulrich Müller, U., Pitts, M., Thome, J, Asherson, P., (2011) The identification and management of ADHD offenders within the criminal justice system: a consensus statement from the UK Adult ADHD Network and criminal justice agencies. *BMC Psychiatry* 2011, 11:32-  
<http://bmcpsychiatry.biomedcentral.com/articles/10.1186/1471-244X-11-32>