

### Answers

Letters	Conditions	Definitions
H	Autism	Is a complex developmental disorder distinguished by difficulties with social interaction, verbal and nonverbal communication, and behavioural problems, including repetitive behaviours and narrow focus of interest.
C	Substance abuse	Maladaptive pattern of use of a drug, alcohol, or other chemical agent that may lead to social, occupational, psychological, or physical problems.
A	Panic attacks	An episode of acute intense anxiety, with symptoms such as pounding or racing heart, sweating, trembling or shaking, feelings of choking or smothering, chest pain, nausea, dizziness, feelings of unreality, and chills or hot flashes.
F	Phobias	Is an intense but unrealistic fear that can interfere with the ability to socialize, work, or go about everyday life, brought on by an object, event or situation.
J	Dissociative disorder	A category of <i>DSM-IV</i> * disorder in which emotional conflicts are so repressed that a separation or split in the personality occurs, resulting in an altered state of consciousness or a confusion in identity.
B	Binge eating	Uncontrolled ingestion of large quantities of food in a given amount of time, often with a sense of lack of control over the activity. It is sometimes followed by purging.
I	Body dysmorphic disorder (BDD)	A preoccupation with one or more imagined defects in appearance.
D	Post-traumatic stress disorder (PTSD)	Caused by exposure to an intensely traumatic event, such as rape or assault, military combat or bombing of civilians, torture, death camps, natural disasters, terrible accidents, developmentally inappropriate sexual experiences, or life-threatening illness.
G	Addictions	Is a persistent, compulsive dependence on a behaviour or substance.
E	Psychosis	a symptom or feature of mental illness typically characterized by radical changes in personality, impaired functioning, and a distorted or non-existent sense of objective reality.

Abbreviation: \*DSM-IV = Diagnosing Autistic Disorder