

Case Study Discussion

Scenario Nine

Jill has recently delivered her 4th baby Scott and she now has a young family of four children under 6 years old, with the eldest child at school and the other 3 children including her new baby at home during the day. The Community Midwife visits Jill in the 10 day period post partum. On her final visit she finds Jill to be very tearful and upset. The baby is fractious and crying and the two toddlers are running around and not doing as their mother tells them. Jill confides in the Community Midwife that she has barely had any sleep since Scott was born and she feels inadequate and “useless”.

Consider:

How is Jill feeling?

What should the Community Midwife do during her visit with Jill?

What other interventions may assist Jill?

What follow up care should the Community Midwife organise taking into account that this is her final visit?

*[NB * Jill is the patient's full name and her preferred name by which he is called by staff]*